

## **Course Description**

### **Child and Adolescent Psychiatry**

#### **Aim of the course**

##### **Aim of the course:**

The course discusses the main psychiatric disorders which can be diagnosed among children and adolescents, with a special focus on diagnosis / differential diagnosis based on the classification systems, developmental aspects, epidemiology, etiology, comorbidity and therapy.

##### **Learning outcome, competences**

knowledge:

- Students get know the main psychiatric disorders with a focus on childhood and adolescence - Attention-Deficit/Hyperactivity Disorder, Conduct Disorders and Oppositional Defiant Disorder, Autism Spectrum Disorder, Tic Disorders, Mood, Suicidal behaviour, Anxiety Disorders, Obsessive-Compulsive and Related Disorders, Trauma- and Stressor-Related Disorders, Schizophrenia Spectrum and Other Psychotic Disorders, Substance-Related and Addictive Disorders, Eating Disorders - which can be diagnosed among children and adolescents, with a special focus on diagnosis / differential diagnosis based on the classification systems, developmental aspects, epidemiology, etiology, comorbidity and therapy. Furthermore students get knowledge on the classification systems - special focus on child and adolescent psychiatry - child and adolescent psychiatric assessment and emergency in child and adolescent psychiatry
- Next to giving theoretical knowledge to the students based on current literature the aim of the course is to practice clinical skills as recognizing psychopathology of patients based on video films. Additionally a child psychiatric hospital and outpatient clinic is presented as well.

attitude:

- Respect of the patients and their relatives
- Considering ethical standards of clinical evaluation
- Viewing childhood mental disorders in a complex bio-psycho-social model
- Using current findings of evidence-based research and scientific standards in evaluating childhood mental disorders

skills:

- Communication with patients
- Communication with other members of the team

#### **Content of the course**

##### **Topics of the course**

- Classification systems - special focus on child and adolescent psychiatry
- Child and adolescent psychiatric assessment
- Emergency in child and adolescent psychiatry
- Attention-Deficit / Hyperactivity Disorder
- Conduct Disorders and Oppositional Defiant Disorder
- Autism Spectrum Disorder
- Tic Disorders
- Mood Disorders - focus on child and adolescent psychiatry

- Suicidal behaviour - special focus on child and adolescent psychiatry
- Anxiety Disorders - focus on child and adolescent psychiatry
- Obsessive-Compulsive and Related Disorders - focus on child and adolescent psychiatry
- Trauma- and Stressor-Related Disorders - focus on child and adolescent psychiatry
- Schizophrenia Spectrum and Other Psychotic Disorders - special focus on child and adolescent psychiatry
- Substance-Related and Addictive Disorders - special focus on child and adolescent psychiatry
- Eating Disorders - special focus on child and adolescent psychiatry

### **Learning activities, learning methods**

- Lecture

<b>Evaluation of outcomes</b>
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### **Learning requirements, mode of evaluation, criteria of evaluation:**

requirements

- *Students can miss a maximum 3 classes.*

mode of evaluation

- *For those whom it is an obligatory course (i.e. MA students of Developmental and Clinical Child Psychology): oral exam*
- *For those whom it is an optional course (e.g. MA students of Health and Clinical Psychology, ERASMUS students...): written exam*

<b>Reading list</b>
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### **Bibliography, additional materials**

- Robert Goodman, Stephen Scott. (Eds) (2012) Child Psychiatry, 3rd Edition, Wiley-Blackwell, ISBN: 978-1-1199-7968-5